

# "Shake your Tail Feathers" T-Shirt



## You will need..

A plain t-shirt  
Scraps of fabric  
Pieces of ribbon  
Matching thread ( I used variegated  
A piece of iron on medium weight interfacing

Instructions for  
the bird and wing  
are in the Rockin'  
Robins Pattern



## Step 1

Iron a piece of interfacing onto the underside of the t-shirt to stabilize the fabric before sewing. Using the instructions for the Rockin' Robin make a bird. Use the template to draw a bondaweb circle and iron onto the back of your body piece. Cut the circle out being careful not to accidentally cut the wing!! Lay in position on your t-shirt and mark up where you are going to sew the beak, the legs and the tail feathers.

## Step 2

Stitch on the loops of ribbon for the tail (make sure your stitching will be out of sight under the bird body when it's ironed on). Stitch the legs and feet with a satin stitch (width 3 length 0.5) and the beak with a triangle satin if you have it or you can bondaweb a little beak on and then use a tiny straight stitch (length 1) to stitch around in place.

## Step 3

I've added some lettering on ribbon to mine but if you don't have lettering on your machine you could use larger bondawebbed lettering. The last thing to do is to trim away as much of the interfacing as you can, the iron on usually pulls away fairly easily. This will stop the front of the t-shirt being too stiff.